

Wolverine Weekly

Sunday, August 31, 2025



Spirit Boost

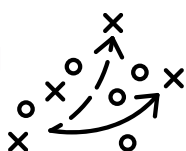
"Back to school - New notebooks and supplies, new teachers, new friends and new routines - Let's kick off the school year right! You've got this!"

BACK
to
SCHOOL

IMPORTANT REMINDERS

- **NO PRACTICE ON MONDAY, Sept. 1st - Labor Day**
- Check GameChanger daily. Last minute updates happen - be sure to stay in the loop.
- We LOVE the positive attitudes! (From the athletes and parents alike!) Bring your best energy to every practice and game. A good vibe helps the whole squad shine!

GAME DAY!



SATURDAY, SEPTEMBER 6TH

8U

Chesapeake Wolverines
vs.
VB Destroyers

Location: Corporate Landing Middle
1597 Corporate Landing Pkwy
Virginia Beach, VA 23454

9:00 AM - 10:00 AM

PLEASE ARRIVE NO LATER THAN
8:30 AM

SPIRIT THEME THURSDAY!

SEPTEMBER 4TH

STUFFY SQUEEZE



DAY

Bring your favorite stuffed animal so they can see how hard you've been working at practice!

Additional

ANNOUNCEMENTS



Game Day Look Ahead

Sept. 6 – 8U Chesapeake Wolverines vs. VB Destroyers

- Arrival Time: 8:30 AM, Game Time: 9:00 AM – Corporate Landing Middle (Virginia Beach)

Sept. 13 – 11U/12U Chesapeake Wolverines vs. VB Destroyers

- Arrival Time: 10:00 AM, Game Time: 10:30 AM – Colonel Fred Cherry Middle (Suffolk)

Game Day Snacks

Saturday, September 6th

Brought by: **Alexandria Perry**
Sigourne Perry (mom)

We currently have 5 cheerleaders total.

There will be 2 snacks given per game day:

- Halftime snack: A lighter option to give them a boost without weighing them down.
- Post-Game Snack – Anything to enjoy after the game.

Please remember: Avoid food and drinks that could stain uniforms.

***There are currently no food allergies that we need to be aware of.*

Registration Still Open!

- Spots remain for both football and cheer!
- Bring a friend and receive \$40 in Wolverines Gear Store credit!
- Registration for cheer will officially close the second week of September.

Practice Updates

Moving forward, practices are now on Tuesdays and Thursdays ONLY unless specified by Coach Vanessa. Advance notice will be given of any changes.

6:00 PM to no later than 7:30 PM.

The cheer staff is not opposed to the girls wearing the backup uniforms to practice with the exception of Spirit Theme Thursdays. This is up for further discussion and should be decided as a team. (This seemed to have boosted confidence and energy levels significantly.)

Additional

ANNOUNCEMENTS



Again... OUTSTANDING Job at the First Game!

Football and Cheer staff alike send kudos to our girls! They were absolutely awesome and we are extremely proud!!!!

*And a special shoutout to our Cheerleader of the Week! Good job Kaci !!!
Check out our website as we will be showcasing our girls each week!*



Cheer Book Check

- *Book Check for Wolverines Cheer will be some time next week. Jimeka (SEVA AYC Cheer Commissioner/Director) will be reaching out to schedule a date and time.*
- *League IDs – Jimeka is also working on time and location to get IDs.*

New Uniform Update

*NEW and more flattering design!
Cheer tops will be reversible!*

We should have these this week!



*Image appears blue but will be
purple****

Additional

ANNOUNCEMENTS



Team Vote

This event is for ALL cheer teams, regardless of league affiliation.

This is NOT a competition but just a fun opportunity for our girls to participate in with other teams.

We need a head count of who would like to attend this event. With 5 girls, we ideally would like the entire squad to participate but this is not mandatory.

Start time for this event is at 11:00 AM

We currently do not know how long this event is but it is safe to say to plan for at least 1 to 1.5 hours (depending on how many squads participate).

Pep rally format will be

- *Defensive cheer*
- *Offensive cheer*
- *Any other team cheer of choice*

More details to come.



**SEASON
KICKOFF
PEP RALLY**

**1700 DAHLIA DR
VA BEACH, VA 23453**

DATE 09/14/25

**\$25.00 REFUNDABLE
RESERVATION DEPOSIT**

**EMAIL US IF INTERESTED
OR NEED MORE INFORMATION**

SEVA.CHEER@GMAL.COM



WE WILL BE TAKING A VOTE IN GAMECHANGER SOON.